



PCPA

Personal Construct Psychology Association

Code of Ethics

The basic aim of PCP psychotherapy and counselling is to encourage and facilitate client's personal development, always respecting the client's freedom and dignity as self-activating human beings. PCP psychotherapists and counsellors are required to:

- 1 Disclose their qualifications when requested and not claim or imply any that they do not have.
- 2 Disclose on request their terms, conditions and, where appropriate, methods of practice, at the outset of psychotherapy or counselling.
- 3 Preserve confidentiality and to disclose, if requested, the limits of confidentiality and circumstances under which it might be broken to specific third parties.
- 4 Consider the client's best interests when making appropriate contact with the client's GP, relevant psychiatric services or other relevant professionals with the client's own knowledge. PCP psychotherapists and counsellors should be aware of their own limitations.
- 5 Maintain appropriate boundaries with their clients and take care not to exploit their clients, current or past, in any way, financially, sexually or emotionally.
- 6 Clarify with clients the nature, purpose and conditions of any research in which the clients are to be involved and to ensure that informed and verifiable consent is given before commencement.
- 7 Safeguard the welfare and anonymity of clients when any form of publication of clinical material is being considered and obtain their consent wherever possible.
- 8 Maintain their ability to perform competently and take necessary steps to do so. Practitioners should monitor their work through competent professional casework supervision.
- 9 Ensure that their professional work is adequately covered by appropriate indemnity insurance.
- 10 Refrain from any behaviour which may be detrimental to clients, to the profession, to colleagues or to trainees.
- 11 Initiate the PCPA complaints procedure where a colleague's behaviour may be detrimental to clients, to the profession, to colleagues or to trainees.