

mary frances

personal and organisational development

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PCP in Organisations a psychology for working life

15th – 17th October 2008

Personal Construct Psychology is George Kelly's comprehensive theory of personality and change which sees us as self-inventing explorers, continually seeking to make sense of our world and anticipate our future. This lively, radical and respectful psychology can help us understand and work effectively with individuals, teams and organisations. The underpinning philosophy of PCP is optimistic and forward-looking, promoting creativity and innovation, viewing experience as an ongoing series of learning experiments.

The starting point of PCP work is the exploration of how people construe their experiences, and there are a range of helpful methods for learning more about these constructions and their implications, and for jointly designing innovative approaches to change.

The course assumes no prior knowledge of PCP and will explore a number of themes, including:

**the process of change,
understanding diversity,
managing relationships,
working in teams and groups,
decision-making,
and managing conflict.**

A robust psychological theory has the potential to help us make sense of the complexity of life in organisations, enhance our work with clients and colleagues, and deal more effectively with dilemmas in our own lives. This course aims to give a broad introduction to PCP in the context of organisations and working life, applying the theory to our current working practice, with potential to focus on some of the specific concerns and challenges of participants.

Venue: Central London

Cost: £390

For further information or an application form please contact mary.frances@virgin.net